COVID-19 (NOVEL CORONAVIRUS)

What is COVID-19?

COVID-19 is a respiratory illness due to a new type of coronavirus (novel coronavirus). The illness ranges from mild to severe.

Are you at risk?

The risk of COVID-19 depends on your risk of exposure. **If you believe you are increased risk due to travel or potential exposure and you have or develop symptoms of fever, cough, or shortness of breath, contact your medical provider or the Health Department at 980-314-9400 and tell them about any recent travel, exposure, and your symptoms.**

How does COVID-19 spread?

COVID-19 is spread mainly from person-to-person among close contacts of individuals infected with this virus. It's important to remember that diseases, including COVID-19, can make anyone sick regardless of their race or nationality.

the air by coughing and sneezing

close personal contact, such as touching or shaking hands
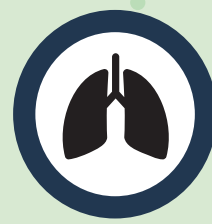
What are the symptoms?

Symptoms may appear between 2 to 14 days after exposure to the virus.

Fever

Cough

Difficulty breathing

Mild to severe illness

How can I prevent getting COVID-19?

Steps you can take to prevent the spread of flu and the common cold will also help prevent coronavirus:

- Wash hands often with soap and water. If not available, use hand sanitizer.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid contact with people who are sick.
- Stay home while you are sick and avoid close contact with others.
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.

MECKLENBURG COUNTY
North Carolina
Public Health

To learn more call:
980-314-9400 or
visit: mecknc.gov or
cdc.gov/coronavirus